

Match Date	Match Day		Division	Team	Opponent
15-Apr-24	Monday	Home	Ladies Division One	Frinton B	Kirby
23-Apr-24	Tuesday	Home	Ladies Division One	Frinton B	David Lloyd Club A
25-Apr-24	Wednesday	Home	Mens Premier	Frinton A	Wivenhoe A
26-Apr-24	Friday	Home	Mixed Division One	Frinton B	Dedham A
29-Apr-24	Monday	Home	Mixed Division Two	Frinton C	Lexden R&F Club B
02-May-24	Thursday	Home	Mixed Division One	Frinton B	Col Officers Club A
08-May-24	Wednesday	Home	Mens Division Three	Frinton C	The Essex B
08-May-24	Wednesday	Home	Mixed Premier	Frinton A	Spring Lane A
09-May-24	Thursday	Home	Ladies Division Four	Frinton C	David Lloyd Club C
09-May-24	Thursday	Home	Mens Division Four	Frinton D	Col Officers Club D
15-May-24	Wednesday	Home	Mixed Premier	Frinton A	Lexden R&F Club A
16-May-24	Thursday	Home	Mens Division Three	Frinton C	Dedham
17-May-24	Friday	Home	Mens Division Four	Frinton D	David Lloyd Club C
20-May-24	Monday	Home	Ladies Premier	Frinton A	The Essex A
21-May-24	Tuesday	Home	Mens Division One	Frinton B	Lexden Hill A
24-May-24	Friday	Home	Mens Division Three	Frinton C	Lexden Hill B
03-Jun-24	Monday	Home	Ladies Premier	Frinton A	Lexden Hill A
04-Jun-24	Tuesday	Home	Mens Division One	Frinton B	Lexden R&F Club A
07-Jun-24	Friday	Home	Ladies Division One	Frinton B	Col Officers Club A
10-Jun-24	Monday	Home	Mixed Division Two	Frinton C	Col Officers Club B
11-Jun-24	Tuesday	Home	Mens Division Four	Frinton D	Lexden R&F Club B
13-Jun-24	Thursday	Home	Mixed Division One	Frinton B	The Essex B
13-Jun-24	Thursday	Home	Ladies Division Four	Frinton C	Col Officers Club C
24-Jun-24	Monday	Home	Mixed Division Two	Frinton C	Lexden Hill A
26-Jun-24	Wednesday	Home	Mixed Premier	Frinton A	The Essex A
27-Jun-24	Thursday	Home	Mens Division Four	Frinton D	Lt Clacton A
28-Jun-24	Friday	Home	Mens Premier	Frinton A	Officers A
28-Jun-24	Wednesday	Home	Mens Division Three	Frinton C	Kirby A
05-Jul-24	Friday	Home	Ladies Premier	Frinton A	Wivenhoe A
08-Jul-24	Monday	Home	Ladies Division Four	Frinton C	David Lloyd Club B
09-Jul-24	Tuesday	Home	Mens Division One	Frinton B	David Lloyd Club A
17-Jul-24	Wednesday	Home	Mixed Premier	Frinton A	Wivenhoe A
26-Jul-24	Friday	Home	Ladies Premier	Frinton A	Lexden R&F Club A
30-Jul-24	Tuesday	Home	Ladies Division One	Frinton B	The Essex B
02-Aug-24	Friday	Home	Mens Premier	Frinton A	The Essex A
05-Aug-24	Monday	Home	Mixed Division Two	Frinton C	The Essex C
06-Aug-24	Tuesday	Home	Ladies Division Four	Frinton C	Dedham B
08-Aug-24	Thursday	Home	Mixed Division One	Frinton B	David Lloyd Club A
23-Aug-24	Friday	Home	Mens Premier	Frinton A	Dedham A
27-Aug-24	Tuesday	Home	Mens Division One	Frinton B	Spring Lane A