

# **FRINTON-ON-SEA LAWN TENNIS CLUB**

## **Changing Room Policy**

# Use of Changing Rooms and Showering Facilities Policy

## 1. Policy statement

This Changing Room Policy sets out the roles, responsibilities and procedures for the acceptable, safe, and responsible use of all changing rooms and showering facilities to safeguard children and adults. It details how FRINTON-ON-SEA LAWN TENNIS CLUB will provide support and guidance to children, parents, adult members and the wider community (where appropriate) for the safe and responsible use of these facilities.

Frinton-on-Sea Lawn Tennis Club strives to ensure that all children are safeguarded from abuse and have an enjoyable experience at the club, both on and off the court.

This document sets out the club's policy for the acceptable use of our changing rooms. Bullet points are posted on the changing room doors for quick reference.

1. Groups of children will have sole use of changing rooms – adults are not permitted to use the changing rooms at the same time as children. If both adults and children need to use our changing rooms, the adults will wait until the children have finished and left the room.
2. Adults who wish to use the toilets must check there are no children changing before passing through the changing space. There is a choice of facilities to use.
3. Parents may supervise their own child in the changing room but must not enter if other children are present. If a parent is escorting a child to the toilet, please ensure no other children are present before entering.
4. Coaches will not be responsible for supervising children in the changing rooms (see Neetacademy Coaching information below)
5. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs.
6. Under no circumstances will adult coaches or volunteers change or shower at the same time as children using the changing rooms.
7. Mobile phones and other electronic devices must NOT be used in changing rooms.

### **NEETacademy Coaching Information:**

- Coaches to use the accessible toilet at all times.
- Children being supervised by NEETacademy during camps and groups will also use the accessible toilet.
- Escorted children to form a line and wait in the hallway by the bar with the coach.
- Whole group toilet breaks will be planned during camps of longer duration and conducted as above in the first points

### **During 1 hour Group Sessions:**

- Parents will be advised to ensure their child has been to the bathroom before arrival as no toilet breaks will be taken during 1 hour coached lessons. Toilet breaks are not planned for during this time. Urgent needs will require whole group toilet visits as above.
- Children are not permitted to visit the bathrooms alone during the session. If there is likely to be a need to for bathroom break, parents must stay during 1 hour groups.

### **What to do if you have a concern**

#### **If you have a concern about a young person, you can contact:**

The Welfare Officer:

Clare Young- [clare.young26.2@icloud.com](mailto:clare.young26.2@icloud.com)

Mobile: 07799118109

LTA Safe and Inclusive Tennis Team: 0208 487 7000

NSPCC: 0808 800 5000

Police: 999 (emergency) / 101 (non-emergency)

### **Resources and support**

[www.lta.org.uk/safeguarding](http://www.lta.org.uk/safeguarding)

[www.nspcc.org.uk](http://www.nspcc.org.uk)

[www.staysafeonline.org](http://www.staysafeonline.org)

The Committee, Chairman and Welfare Officer are responsible for the implementation of this policy and for reviewing yearly to evaluate its implementation and impact.

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Policy Title: Changing Room Policy

Last Updated: 1/3/2024

Next Review: 1/1/2025 (or earlier if there is a change in legislation)