

Match Date	Match Day	Home Team>>		Home Team	Away team
		Is Home/Away	Division		
29-Mar-23	Monday	Home	Mixed Division Five(1)	Frinton E	-v- Frinton D
06-Apr-23	Thursday	Home	Mixed Premier	Frinton A	-v- Frinton B
12-Apr-23	Wednesday	Home	Mixed Division Five(1)	Frinton D	-v- Wivenhoe B
13-Apr-23	Wednesday	Home	Mixed Premier	Frinton B	-v- Frinton A
18-Apr-23	Tuesday	Home	Mens Division Four	Frinton C	-v- Frinton D
20-Apr-23	Thursday	Home	Mens Premier	Frinton A	-v- Frinton B
21-Apr-23	Friday	Home	Mens Division Five(1)	Frinton E	-v- Lt Clacton B
24-Apr-23	Monday	Home	Mixed Division Five(1)	Frinton E	-v- Lexden R&F Club C
25-Apr-23	Tuesday	Home	Mens Division Four	Frinton D	-v- Frinton C
27-Apr-23	Thursday	Home	Mixed Premier	Frinton A	-v- Wivenhoe A
28-Apr-23	Friday	Home	Mixed Division Three	Frinton C	-v- Dedham B
03-May-23	Monday	Home	Mens Premier	Frinton B	-v- Frinton A
09-May-23	Tuesday	Home	Ladies Division Five(1)	Frinton D	-v- Spring Lane C
16-May-23	Tuesday	Home	Ladies Division Two	Frinton B	-v- Dedham A
16-May-23	Tuesday	Home	Mens Division Four	Frinton C	-v- Lt Clacton A
18-May-23	Thursday	Home	Ladies Division Four	Frinton C	-v- Wivenhoe B
18-May-23	Thursday	Home	Ladies Premier	Frinton A	-v- The Essex A
19-May-23	Friday	Home	Mens Division Five(1)	Frinton E	-v- David Lloyd Club C
22-May-23	Monday	Home	Mixed Division Five(1)	Frinton E	-v- Dedham C
23-May-23	Monday	Home	Mens Premier	Frinton B	-v- Col Officers' Club A
24-May-23	Wednesday	Home	Mixed Division Five(1)	Frinton D	-v- Lt Clacton B
24-May-23	Wednesday	Home	Mixed Premier	Frinton B	-v- Wivenhoe A
25-May-23	Thursday	Home	Mixed Premier	Frinton A	-v- The Essex A
05-Jun-23	Tuesday	Home	Ladies Division Two	Frinton B	-v- Lexden Hill B
09-Jun-23	Friday	Home	Mixed Division Three	Frinton C	-v- Kirby B
12-Jun-23	Thursday	Home	Ladies Premier	Frinton A	-v- Lexden Hill A
13-Jun-23	Tuesday	Home	Mens Division Four	Frinton D	-v- Col Officers' Club D
14-Jun-23	Wednesday	Home	Mixed Premier	Frinton B	-v- Lexden R&F Club A
15-Jun-23	Wednesday	Home	Ladies Division Five(1)	Frinton D	-v- David Lloyd Club C
15-Jun-23	Thursday	Home	Mens Premier	Frinton A	-v- The Essex A
16-Jun-23	Friday	Home	Mens Division Five(1)	Frinton E	-v- Wivenhoe C
26-Jun-23	Monday	Home	Mens Premier	Frinton B	-v- The Essex A

27-Jun-23	Tuesday	Home	Ladies Division Two	Frinton B	-v-	The Essex C
29-Jun-23	Thursday	Home	Ladies Premier	Frinton A	-v-	Lexden R&F Club A
29-Jun-23	Thursday	Home	Ladies Division Four	Frinton C	-v-	David Lloyd Club B
11-Jul-23	Tuesday	Home	Mens Division Four	Frinton C	-v-	Kirby B
11-Jul-23	Tuesday	Home	Mens Division Four	Frinton D	-v-	Lt Clacton A
12-Jul-23	Wednesday	Home	Ladies Division Five(1)	Frinton D	-v-	The Essex E
13-Jul-23	Thursday	Home	Mens Premier	Frinton A	-v-	Wivenhoe A
14-Jul-23	Thursday	Home	Ladies Division Four	Frinton C	-v-	Dedham B
17-Jul-23	Monday	Home	Mens Premier	Frinton B	-v-	Wivenhoe A
18-Jul-23	Tuesday	Home	Mens Division Four	Frinton C	-v-	Col Officers' Club D
21-Jul-23	Friday	Home	Mixed Division Three	Frinton C	-v-	West Mersea
27-Jul-23	Thursday	Home	Mens Premier	Frinton A	-v-	Col Officers' Club A
01-Aug-23	Wednesday	Home	Mixed Division Five(1)	Frinton D	-v-	Spring Lane D
04-Aug-23	Monday	Home	Mixed Division Five(1)	Frinton E	-v-	Lt Clacton B
04-Aug-23	Friday	Home	Mixed Division Three	Frinton C	-v-	Lexden Hill B
16-Aug-23	Wednesday	Home	Mixed Premier	Frinton B	-v-	The Essex A
17-Aug-23	Thursday	Home	Mixed Premier	Frinton A	-v-	Lexden R&F Club A
22-Aug-23	Tuesday	Home	Ladies Division Two	Frinton B	-v-	Lexden R&F Club C
24-Aug-23	Thursday	Home	Ladies Premier	Frinton A	-v-	Kirby A
24-Aug-23	Thursday	Home	Ladies Division Four	Frinton C	-v-	West Mersea A